



Debt Stress - Your EAP Can Help

Your Health Advocate EAP+Work/Life Benefit Can Help!

Your EAP+Work/Life benefit, provided free by your employer or plan sponsor, can help you get the financial answers and solutions you need.



877.240.6863

Email: answers@HealthAdvocate.com

Web: HealthAdvocate.com/members

Debt Management

- Debt counseling and consolidation
- Selecting a credit card

Budgeting

- Income and expense review
- Increasing take-home pay
- Lowering expenses
- Leasing vs. buying
- Refinancing

Credit Report Issues

- How to request a copy
- Removing inaccurate information
- Credit score consultation
- Your rights under the law

Financial Services

- College savings plans
- Life insurance
- Common retirement strategies

HealthAdvocateSM